

Creamy Peanut Butter Filling

Yields about 1 cup + 2 tablespoons

- 3 ounces cream cheese, softened
- 1 tablespoon unsalted butter, softened
- ½ cup smooth peanut butter
- ¾ teaspoon heavy cream
- 1 teaspoon vanilla extract
- ¼ cup powdered sugar, sifted
- 1 small banana or toasted sweetened shredded coconut (garnish)

Instructions: In a large bowl, beat the cream cheese, butter, peanut butter, cream and vanilla until creamy and light in color. Gradually add the powdered sugar, just until smooth. Spoon (or pipe) the filling into the toasted bread cases. Before serving top each tart with a thin banana slice or toasted shredded coconut.

Per tablespoon: 80 calories, 2 g protein, 4 g carbohydrate, 6 g fat (2 g saturated), 8 mg cholesterol, 48 mg sodium, 0 fiber.